

Kent Surrey Sussex
Academic Health Science
Network

—
Living Well
For Longer

Supporting more effective and more sustainable services for older people




Key facts

People aged **65** in England can already expect to live two more decades.



By **2030** projected life expectancy at 65 will be:


88 for men & **91** for women



Healthcare financial pressures are growing

The Five Year Forward View published by NHS England forecasts a **£30bn** deficit across healthcare by 2020 without significant efficiency savings.

Caring for people over 65 accounts for **51%** local authority spending in adult social care.



Social care has seen a **28%** increase in demand and a **31%** reduction in funding in the last five years.

People with long term conditions account for two thirds of the primary care prescribing budget  and **70%** of social care spending.

Living longer is a cause for celebration

It also creates huge challenges for health and care systems. Modern healthcare and a changing society have transformed our health and social care needs.

Living Well For Longer aims to support our members and partners with four strategic priorities. These are to:

1. reduce unnecessary hospital admission
2. enhance self-management
3. support capability in care homes, and
4. align with public health strategies and early intervention.

By focusing on these four priorities, we will contribute to new models of care and promote citizenship and the role of communities within health care. We will also contribute to the £30 billion financial challenge facing the NHS by supporting our partners, members and stakeholders to provide better healthcare, a better experience for patients and better value for the tax payer.

Living Well For Longer is in its early stages but we already have four projects underway working in partnership with commissioners, providers, third sector, industry and academia.

Projects

Hydrate aims to improve hydration for people in care homes and reduce incidence of urinary tract infections and unnecessary hospital admissions.

Polypharmacy aims to reduce adverse drug reactions, improve medicines compliance and generate cash releasing savings.

Integrated Care Pilots with Age UK aims to increase older people's wellbeing and promote independence.

End of life care aims to ensure more people die in line with their wishes, in their place of choice - a choice that an emergency admission often takes away.

Scoping work is taking place in relation to two other important areas - strengthening capability in care homes and supporting improved care for the most frail people in our communities.



Kent Surrey Sussex Academic Health Science Network

- speeds up the spread of existing best practice
- accelerates the identification and adoption of the best new innovations
- strengthens collaboration.

We are one of 15 Academic Health Science Networks (AHSNs) across England.

Living Well For Longer is one of our portfolio of programmes which support better health, better care and better value across Kent, Surrey and Sussex.

Our other major areas of work include system leadership support, industry engagement, and quality and safety improvement.

Find out more

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