

## 9. HEALTH & WELLBEING

### Advice for planners and developers

“ The planning system can play an important role in the facilitating of social interaction and creating healthy, inclusive communities.  
*NPPF, p. 17, para. 69* ”

#### Considerations for developers, local planning authorities and neighbourhood forums

1. Is the existing neighbourhood environment inclusive and accessible to all members of the community? What potential is there to enhance the accessibility of the built environment, natural landscape, heritage and cultural facilities through refurbishment and new development?
2. Does the existing neighbourhood engender a sense of safety and security?
3. What potential is there to enhance this through refurbishment and new development?
4. What are the current and future health needs of the neighbourhood? What are the barriers to addressing these needs?
5. Does the local built environment have a positive sense of place that encourages social interaction and supports a diverse, cohesive community?
6. What opportunity is there to encourage, enhance or support local community interaction through mixed-use and/or mixed-tender development and planning? For example by providing good quality, safe, accessible public spaces that encourage social interaction.
7. Have you taken into account your local Health Impact Assessment (HIA)? Do you require HIAs to be performed and how do you take into account the recommendations?
8. What can be done to encourage healthy and active lifestyles e.g. through the provision of cycle paths, green transport options, walkable neighbourhoods etc?

## NPPF references:

- Core Planning Principles
- Section 4: Promoting Sustainable Transport (paragraph 29).
- Section 8: Promoting healthy communities (particularly paragraphs 69-75).
- Section 11: Conserving and enhancing the natural environment (paragraphs 120, 123).
- Section 13: Facilitating the sustainable use of minerals (paragraph 144).
- Plan-making (paragraph 156).
- Using a proportionate evidence base (paragraph 171).

## Information resources, advice and tools

BIS: Foresight - Land use planning and health and well-being  
[www.bis.gov.uk](http://www.bis.gov.uk)

CABE Manual for Streets\*  
[www.cabe.org.uk](http://www.cabe.org.uk)

DCLG, Lifetime Neighbourhoods by Mark Bevan and Karen Croucher, 2011  
[www.gov.uk](http://www.gov.uk)

Healthy urban planning by Hugh Barton and Catherine Tsourou, published by SPON, 2000 (book)  
[www.books.google.co.uk](http://www.books.google.co.uk)

NICE Public Health Bulletins  
[www.nice.org.uk](http://www.nice.org.uk)

NICE Public Health Guidance PH17  
[www.nice.org.uk/PH17](http://www.nice.org.uk/PH17)

Secured by Design  
[www.securedbydesign.com](http://www.securedbydesign.com)

TCPA, 2012, Reuniting health with planning  
[www.tcpa.org.uk](http://www.tcpa.org.uk)

Bioregional & CABE: What makes an Ecotown?  
[www.oneplanetcommunities.org](http://www.oneplanetcommunities.org)

NHS Information Centre, Statistics and data collection  
[www.ic.nhs.uk](http://www.ic.nhs.uk)

WHO European Healthy Cities Network  
[www.euro.who.int](http://www.euro.who.int)

UK Healthy Cities Network  
[www.healthycities.org.uk](http://www.healthycities.org.uk)

## Case studies and examples of best practice

One Planet Communities  
[www.oneplanetliving.org](http://www.oneplanetliving.org)

TCPA Reuniting health with planning  
<http://www.tcpa.org.uk>

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\* This has been superseded by the NPPF